



The Cancer Support Community (CSC) provides \$50 million in FREE services to patients and their loved ones each year. We are proud to partner with Thoughtful Human® to make sure even more people affected by cancer know about our resources:

1 Support Groups & Counseling

In-person services, such as support groups, are available at 175 locations, including CSC and Gilda's Club affiliates and hospital partnerships.

2 Education

Award-winning educational resources that advise patients on nutrition, finances, clinical trials, treatment options, and more.

3 Online Community

A free personalized digital platform called MyLifeLine.org that enables individuals to connect with friends and family to receive social, emotional, and practical support during their cancer experience.

4 Professional Guidance

Have questions, concerns, or looking for resources? Call CSC's toll-free Cancer Support Helpline® (888.793.9355), available in 200 languages Mon – Fri, 9am-9pm ET.

5 Research & Advocacy

A patient- and caregiver-focused research institute and a grassroots network to capture the patient's experience and advocate for patient-focused policies at all government levels.

Get more information about CSC's free services and locations by visiting:
CANCERSUPPORTCOMMUNITY.ORG/THOUGHTFULHUMAN

So That No One Faces Cancer Alone®

When Dave was diagnosed with oral squamous cell carcinoma, Thea dedicated herself to his recovery. "Dave is my family. I've got to keep him around."

Surgery and radiation caused severe side effects for Dave. Thea was a regular presence in the hospital and rehab. She watched the nurses to learn how to care for Dave, speaking up when she had concerns. Eating was especially tough. Thea learned to prepare meals he could eat.

When the stress took a toll on Thea, Dave helped her find the support she needed to stay strong —

**We take turns caring
for each other.**



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