

# **CANCER SUPPORT SOURCE.**

A COMPLETE DISTRESS SCREENING PROGRAM



Bringing together science, technology and community support  
under one comprehensive distress screening program



**CANCER SUPPORT  
COMMUNITY.**

*A Global Network of Education and Hope*

*Developed and scientifically validated by the Cancer Support Community*

# Addressing the Critical Needs of Patients

More than half of those diagnosed with cancer report psychosocial distress.

**CancerSupportSource<sup>SM</sup> (CSS)** is the first validated distress screening program developed for community-based hospitals, physician practices and advocacy organizations that fully integrates screening, referral and follow up care, all through a single, streamlined, web-based program.

Screening for distress is a key recommendation in the 2008 Institute of Medicine report, *Cancer Care for the Whole Patient, Meeting Psychosocial Health Needs*. The CancerSupportSource<sup>TM</sup> fulfills patient-centered standard 3.2 from the American College of Surgeons (ACoS) Commission on Cancer that requires all cancer patients are screened for distress.

## The Patient Experience



“Answering the CSS questions made me feel like I wasn’t the only person struggling emotionally. It removed the stigma and helped me answer the questions honestly.” –**Sandra**, Atlanta, GA

## Easy Operation and Streamlined Integration

- Survey completion in less than 10 minutes at home, in office or in clinic
- Reports instantly generated, including fact sheets with links to educational materials and community resources
- Prioritized concerns and specific assistance identified for the patient
- Secured data management system ensuring HIPAA compliance
- Report integration to EHR systems using HL7 and web services interface
- Email automation for referral and follow-up

CancerSupportSource is featured in the  
American College of Surgeons Commission on Cancer  
Best Practices Repository.

## More Than Just a Technical Solution

CSS does more than just identify patients with distress. It is developed and validated by the Cancer Support Community, a nonprofit organization with more than 30 years of experience delivering the highest quality psychosocial support to people affected by cancer. Along with local resources, patients who report distress may also take advantage of the Cancer Support Community's grassroots, online and telephone programs and services, all staffed and facilitated by licensed mental health professionals, and available at no cost. Services include:

- In-person support groups, counseling, education and healthy lifestyle programs at more than 100 Cancer Support Community locations in North America
- Over-the-phone support through the Cancer Support Helpline (1-888-793-9355)
- Open to Options™ counseling program that helps patients and families with treatment decisions and care planning
- Online forums, discussion boards and support group services

## Road Map for Implementation

The Cancer Support Community will help you transform screening for distress into a dynamic asset for quality patient care. Our professional team will assist you in identifying the best processes and protocols for screening implementation and EHR integration. We will work with you to minimize disruption to daily workflow and will help to mobilize institutional, community and national resources to meet the needs of screened patients.

“Today it is not possible to deliver good-quality cancer care without using existing approaches, tools and resources to address patients’ psychosocial health needs.”

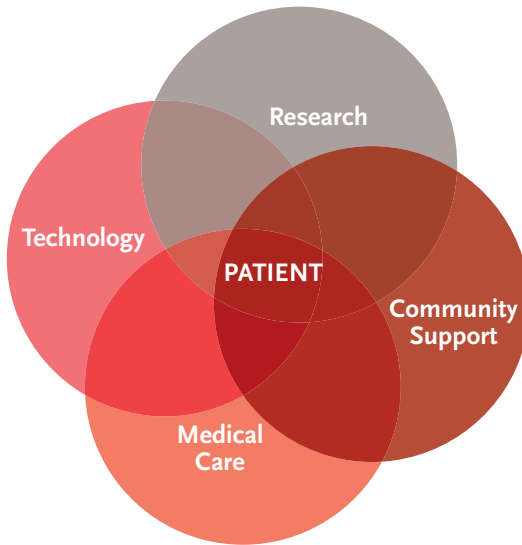
—*Cancer Care for the Whole Patient, Meeting Psychosocial Health Needs* (2008)

## Backed by Research

CancerSupportSource is the only screener developed and independently validated in the community oncology setting. CancerSupportSource optimizes patient-reported outcomes and patient satisfaction by uniting the latest innovations in technology with validated psycho-oncology research and a strong network of community support resources.

With an integrated distress screening program like CSS, patients can overcome reluctance to share concerns that need to be addressed early on in the diagnosis before they become a barrier to care. Research supports the notion that distress screening is the pivotal first step in the integration of psychosocial care into routine cancer care, leading to improved quality of life, treatment adherence and overall patient satisfaction.

The CSS Model – Where the patient is at the center of care



“CancerSupportSource makes it so easy to capture and meet the patient’s needs. I never thought screening could be so helpful in getting to the patients that need our services the most.” –Staff social worker

**For more information, contact**

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