

Defining Treatment Tolerability from the Patient’s Perspective: A Mixed-Methods Analysis of the Cancer Experience Registry

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OBJECTIVES

- Treatment tolerability is a critical consideration in oncology, where therapies are often associated with substantial toxicity and side-effect (SE) burden. While tolerability has traditionally focused on the extent to which observable side effects can be endured, multi-stakeholder organizations and regulatory agencies such as the FDA and EMA increasingly emphasize the importance of incorporating patient experience data into benefit–risk assessments.^{1, 2, 3, 4}
- Adult cancer survivors who participated in the Cancer Experience Registry (CER) of the Cancer Support Community (CSC) provided their perspectives on tolerability.⁵ They defined treatment tolerability (**Q1**) by mentioning treatment SEs (40.4%), quality of life (QoL) impacts (32.7%), and the ability to manage treatment and side effects (19.5%). Additionally, they reported that the most important factors to consider when assessing tolerability (**Q4**) were SEs (76.6%), burden of treatment (59.3%), and positive treatment outcomes (54.7%), including treatment effectiveness (29.9%) or becoming cancer-free (11.8%).⁵
- This study presents the results of a secondary survey analysis which aimed to assess the influence of age and time since diagnosis on cancer survivors’ definition and prioritization of tolerability-related concepts.

METHODS

- Data were drawn from the CER, a longitudinal online survey of >4,000 adult cancer survivors across the U.S. and Canada. CER is the CSC’s online survey platform. At the 24-month follow-up, participants were asked to complete treatment tolerability items (including **Q1** and **Q4** below).
- Descriptive statistics summarized quantitative responses, while free-text data were analyzed using a deductive–inductive qualitative approach. Coding in MAXQDA (VERBI Software) was used to tag tolerability-related concepts, organize participant quotes, and identify conceptual domains of interest. The study was IRB-approved and participants provided informed consent.

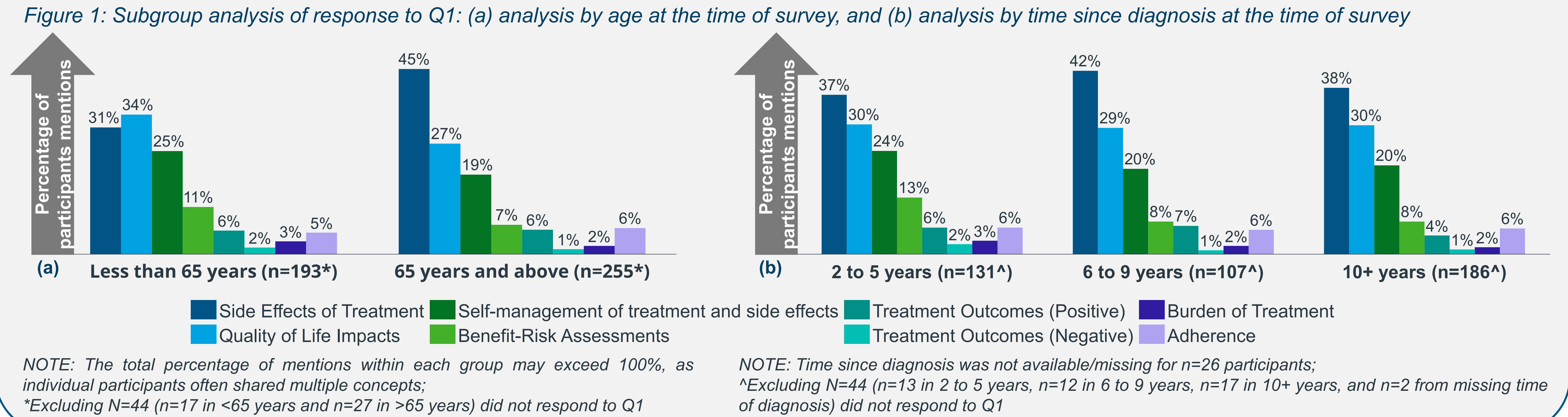
RESULTS

- Participants who completed the survey in December 2023-February 2024 (N=492) resided in US and Canada, and were predominantly White women aged ≥65 years (median time since diagnosis=8.0 years; range 2–51 years), with diverse cancer diagnoses. Most had not received treatment in the past six months (61.3%).

Q1: “If we asked you whether your treatment is tolerable, what would you think we were asking?”

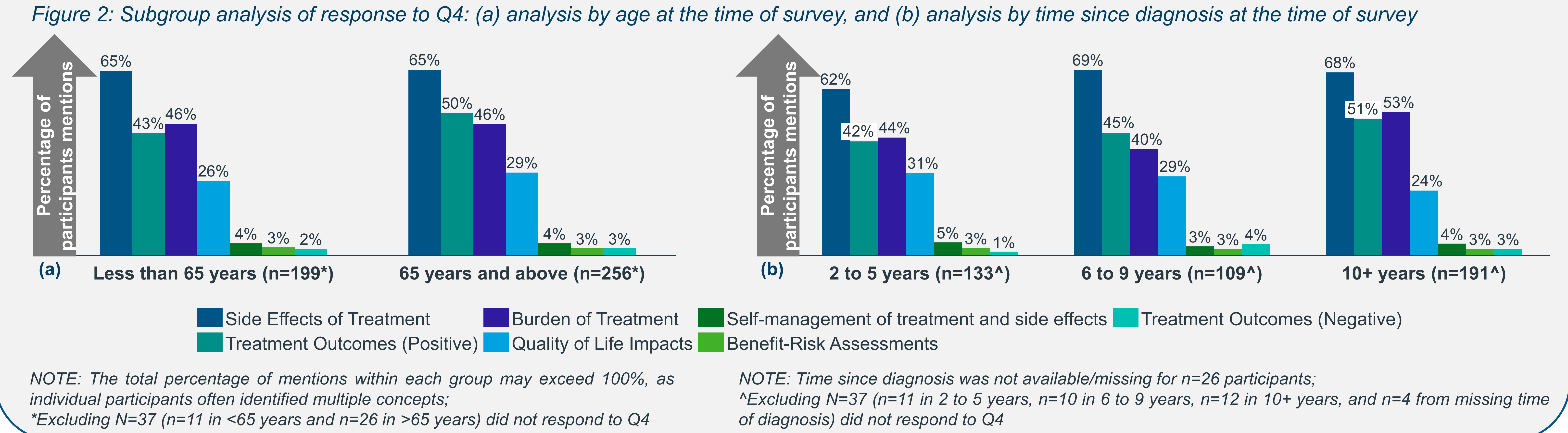
Results showed that participants aged ≥65 years were more likely to associate tolerability with **SEs** than younger participants, for which **QoL impacts** were more frequently mentioned (Figure 1a).

When participants were categorized according to time since diagnosis (2-5, 6-9 and 10+ years), all groups defined tolerability (**Q1**) by frequently mentioning **SEs**, **QoL impacts**, and the **ability to manage treatment and side effects of treatment** (Figure 1b).



Q4: “Please rank the top 3 factors that you take into consideration when evaluating whether a treatment is tolerable or not”

SEs, **positive treatment outcomes**, **burden of treatment** and **QoL impacts** were the most frequently selected factors across age groups and different periods of time since diagnosis (Figures 2a and 2b).



CONCLUSIONS

This survey demonstrated that treatment tolerability is not exclusively defined by **SEs** but reflects a multidimensional construct. Across age and time-since-diagnosis subgroups of cancer survivors, tolerability was mainly defined by **SEs**, **QoL impacts** and **self-management of treatment and SEs**, with older participants (≥65 years) placing more emphasis on **SEs**. Important factors for cancer survivors when evaluating treatment tolerability, were mainly driven by balancing **SEs** as the primary driver, with **perceived benefits** and **treatment burden** (e.g., treatment affordability and convenience), while **QoL** played a smaller but still relevant role. Together, these findings underscore the importance of incorporating patient-reported perspectives, including age-related differences, into tolerability assessment in clinical development, real-world evidence generation, and shared treatment decision-making.

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