Background
• Immunotherapy & Me is an innovative program of supportive resources to investigate and support the unique needs of immunotherapy patients
• The study launched in December, 2017 and is ongoing

Aims
• The objective of this study was to describe psychosocial distress and confidence accessing resources among a sample of program participants
• Through the study, changes in patients’ knowledge, attitudes, and health behaviors were measured over time

Methods
• Immunotherapy & Me is recruiting at 4 community clinics and 1 academic center. Eligible patients must be on an anti-cancer immunotherapy and at least 18 years of age.
• At enrollment, participants consent, provide demographic/clinical history, and report level of confidence (Not at all to Extremely) accessing cancer treatment information and resources related to treatment decision making and managing symptoms/side effects
• Distress is reported with CancerSupportSource® (CSS), a tool where patients rate level of concern (Not at all to Extremely) on 15 items
• Once enrolled, participants can access educational resources (print materials, side effect tracker, eLearning courses) and a toll-free helpline staffed by licensed mental health professionals (Cancer Support Helpl ine®)
• Follow-up surveys are available every 30 days for 6 months
• We present data from 68 participants at enrollment and 22 at first follow-up

Participants
<table>
<thead>
<tr>
<th>Cancer Type</th>
<th>M/n</th>
<th>SD/%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lung</td>
<td>29</td>
<td>43%</td>
</tr>
<tr>
<td>Melanoma</td>
<td>15</td>
<td>22%</td>
</tr>
<tr>
<td>Kidney</td>
<td>6</td>
<td>9%</td>
</tr>
</tbody>
</table>

Results
Access to Resources: Confidence at Baseline

- For distress at baseline, top concerns were: fatigue (35% of participants reported being Somewhat to Very seriously concerned), health insurance/money worries (34%), and exercise/physical activity (32%)

Access to Resources: Confidence after 30 Days

- At 30 days, 91% of participants felt Very or Extremely confident accessing resources related to managing side effects, and 100% resources related to both treatment decision making and treatment information

Top Concerns at Baseline

- The top concerns at baseline were: fatigue (35%), health insurance/money worries (34%), exercise/physical activity (32%), and managing side effects (33%)

Implications and Conclusions
• Preliminary results show greater variability in distress and confidence accessing resources at baseline than 1-month into the program, at which time few endorsed cancer-related concerns and most felt confident accessing resources
• These findings highlight the utility of providing patients with educational/support resources and the value of customizable programs like Immunotherapy & Me
• With data collection ongoing, we anticipate analyzing time trends and paired comparisons in future analyses

Acknowledgments
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References

To learn more, please visit: www.cancersupportcommunity.org