

Innovation: Ignite the Future



Monday, August 19, 2019
Sheraton Society Hill Hotel, Philadelphia
10:30 AM – 3:30 PM

4 CONTINUING EDUCATION CREDITS AVAILABLE FOR MENTAL HEALTH PROFESSIONALS

PRECONFERENCE AGENDA

10:30 AM:

REGISTRATION AND WELCOME

11:00 – 12:00 PM:

FOSTERING RESILIENCY IN FAMILIES FACING CANCER

Carissa Hodgson, LCSW, OSW-C, Program Manager, Gilda's Club Madison

SUMMARY: When someone is diagnosed with cancer it affects the entire family. A common concern is how to support children and teens through a parent or loved one's diagnosis. Learn how to help kids, teens and their parents engage their natural strengths, pull together specific resources, and build new skills to create a stronger and more resilient family.

PROGRAM OBJECTIVES:

- Recognize the common reactions of children and teens to a cancer diagnosis in the family and how to identify signs of distress.
- Describe the role of resilience in families facing cancer and how to help families engage their natural strengths to cope with and get through a cancer diagnosis.
- Utilize the world of resources for parents, teens, and children affected by cancer and recognize how best to connect families to valuable support.

12:00 – 1:00 PM: Lunch

WHEN CANCER COMES TO WORK

Susan Ash-Lee, MSW, LCSW and Sally Werner, RN, BSN, MSHA

SUMMARY: Of the 1.8 million individuals diagnosed with cancer annually, over forty percent are of working age. Cancer patients and caregivers have particular workplace needs that may be misunderstood, unknown to, or in conflict with the needs of their employers. This session will focus on the unique needs of the employer, patient, and caregiver. The employer perspective, survivorship landscape, and caregiving while working will all be explored.

PROGRAM OBJECTIVES:

- Describe the perspectives of the patient, caregiver, and employer when cancer impacts the workplace.
- List ways that employers can assist in transitioning patients or caregivers back to the workplace after an extended absence.
- Describe the tools and resources available to patients, caregivers, and employers to work through potential issues in the workplace.

1:00 – 2:00 PM:

SEXUALITY AND INTIMACY AFTER CANCER: MOVING THE CONVERSATION FORWARD

Jennifer Reese, PhD, Assistant Professor, Cancer Prevention and Control Program, Fox Chase Cancer Center

SUMMARY: This session will focus on the sexual problems commonly experienced by cancer survivors using a biopsychosocial model, including the rates, causes, and nature of these problems, as well as provide a brief primer on sexual response. Learn evidence-based models for guiding clinical discussions of these problems, tips for effectively discussing sexual concerns with patients, and methods for addressing various sexual concerns for individuals who have been treated for cancer.

PROGRAM OBJECTIVES:

- Characterize common sexual problems for individuals after cancer and its treatment using a biopsychosocial model.
- Describe the status of patient-provider discussions of sexual concerns in the context of cancer care, including several barriers to discussing this topic.
- Describe key principles for raising the topic of sexual health effectively with patients.
- Summarize several options for addressing cancer-related sexual problems in men and women.

2:00 – 3:00 PM:

ENGAGEMENT OVER THE LONG HAUL: CULTIVATING RESILIENCE IN CANCER CARE

Penny Damaskos, PhD, LCSW, OSW-C, FAOSW, Director, Department of Social Work, Memorial Sloan Kettering Cancer Center

SUMMARY: We often look at the factors that cause oncology staff to burnout but we focus less on what contributes to why people stay in the field. This session will review the concepts of burnout, compassion fatigue and resilience and how they manifest in oncology social work staff.

PROGRAM OBJECTIVES:

- Describe the concepts of burnout, compassion fatigue, and resilience within the context of clinical practice for oncology social work.
- Analyze areas in the clinical practice through resilience-based supervision that contribute to leadership development and professional growth.
- Apply programmatic approaches to provide the foundation for building resilience for all staff.

3:00 – 3:30 PM:

CLOSING REMARKS AND EVALUATION

REGISTRATION AND CONTINUING EDUCATION

ONLINE REGISTRATION: https://whova.com/portal/registration/affil_201908/ select Psychosocial Program Pre-Conference (CEUs available)

PRECONFERENCE FEES AND PAYMENT INFORMATION: \$75 for external attendees, \$50 for CSC/GC affiliates and IPA members

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To request special assistance/accommodations, please email kdimond@cancersupportcommunity.org.

APA rules require that you attend the entire workshop and complete an evaluation for each session to get credit. No partial credit can be given. If you miss more than 15 minutes of a session, you will not get credit.

The Indiana Psychological Association (IPA) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The IPA maintains responsibility for this program and its content. The IPA is approved by the Indiana State Psychology Board and Indiana Behavioral Health Board to provide Category 1 continuing education for psychologists, LSW, LCSW, LMFT, LMHC, LMFTA, LCAC and LAC. Licensees must judge the program's relevance to their professional practice.