

For Release: May 31, 2012

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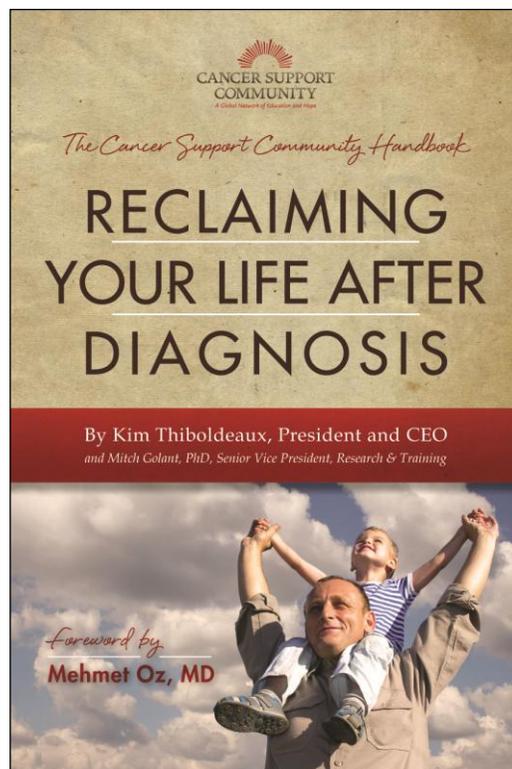
Empowering guide from the Cancer Support Community to managing a cancer diagnosis, treatment, and recovery

Approximately 1.5 million Americans are diagnosed with cancer each year, according to the National Cancer Institute. With so many new cases detected annually, a large portion of the population is either living with the disease or supporting a loved one through treatment and healing. With 56 affiliates and over 100 satellite locations across the world, the Cancer Support Community is one of the largest organizations worldwide providing support and resources for the millions affected by cancer.

In *Reclaiming Your Life After Diagnosis* (BenBella Books, June 2012), Cancer Support Community president and CEO, **Kim Thiboldeaux** and vice president **Mitch Golant, PhD**, share the most important information and resources to help you or someone you love through the challenging journey of cancer diagnosis and treatment.

Offering practical, research-based tips for managing the side effects of cancer treatment and guidance on handling complex emotional issues, Thiboldeaux and Golant accurately and compassionately address the physical, emotional, social, and practical needs of cancer patients and their support systems.

Reclaiming Your Life After Diagnosis shows readers how to put an effective support and resource team in place, outlines traditional and alternative treatment approaches, and offers nutrition and



exercise tips for patients. With a foreword by **Dr. Mehmet Oz**, the book also includes a helpful glossary of medical terms and a sizable list of resources and financial services.

An information-rich guide, *Reclaiming Your Life After Diagnosis* shares powerful first-person testimony from cancer survivors and Cancer Support Community members, helping patients develop the strength and empowerment to stay focused on healing—and develop the mindset of a survivor.

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Book Details:

Title: *Reclaiming Your Life After Diagnosis: The Cancer Support Community Handbook*

Author: Kim Thiboldeaux and Mitch Golant, PhD

Publisher: BenBella Books, distributed by Perseus Distribution

Publication Date: June 5, 2012

ISBN: 978-1-936661-76-3

E-book ISBN: 978-1-936661-87-9

Price: \$16.95 US/\$19.99 CAN

Format: Trade paper

Page count: 306 pages

Trim size: 6 X 9

More about the authors, book, and the Cancer Support Community online:

[Website](#)



Available at bookstores everywhere, on Amazon, and through Perseus Distribution

Toll-free number for orders only:

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About Kim Thiboldeaux and Mitch Golant, authors of *Reclaiming Your Life After Diagnosis*



Kim Thiboldeaux is the President and CEO of the Cancer Support Community (CSC), one of the largest worldwide providers of social and emotional support for cancer patients and their support systems. Thiboldeaux is the host of *Frankly Speaking About Cancer with the Cancer Support Community*, an award-winning, Internet radio show informing and inspiring listeners to live well with cancer, which airs on Voice America (<http://www.voiceamerica.com/Show/965>) every Tuesday at 4 p.m. ET.

Thiboldeaux is also a founding board member of the Education Network to Advance Cancer Clinical Trials, member of the American College of Surgeons Commission on Cancer, co-chair of the Alliance for Quality Psychosocial Care, and advocacy board member of the Ruesch Center for the Cure of GI Cancers at Lombardi Comprehensive Cancer Center.



Mitch Golant, PhD, is a health psychologist and Senior VP Research & Training for the Cancer Support Community, where he has served for over 28 years and supervised and trained CSC's professional clinical staff. He has traveled throughout the world introducing CSC's Patient Active Concept to international thought-leaders and psychosocial oncologists.

Golant was central to the launch of the award-winning Cancer Support Community Online in both English and Spanish and Group Loop: Teens. Talk. Cancer. Online. He has previously served on the Board of Directors for the American Psychosocial Oncology Society and will receive the Los Angeles County Psychological Association's Distinguished Contribution in Psychology Award in October 2011.

He is the contributing editor to the *Essentials of Psychosocial Oncology Handbook* (2006) and *The Psychiatric and Psychological Dimensions of Pediatric Cancer Symptom Management* (2008), and he is also the co-author of seven books.